Excision of Sebaceous Cysts from the Scrotum

Sebaceous cysts are benign lumps in the scrotal skin that can become infected, and cause pain.

Episodes of infection tend to recur, and by removing the whole cyst (or cysts) these can be prevented.

How is the procedure done?

This is a simple operation that can be performed under local anaesthetic if there is just one cyst. More often, there are multiple cysts, and a general anaesthetic is the best option.

The cysts are cut out from the skin of the scrotum, and absorbable sutures are used to close the cuts.

After the procedure

You can usually go home the same day, and should be able to return to normal activities quickly.

Potential side effects and complications

All procedures have the potential for side effects. Although these complications are well recognised, the majority of patients do not have problems after a procedure.

Risks of the anaesthetic need to be discussed with the anaesthetist who will be looking after you during the operation, and who will visit you beforehand.

There are specific risks with this surgical procedure, and these will be discussed with you before your procedure. As a guide to complement that one-on-one discussion with your surgeon, these include:
Common

- Swelling of the scrotum lasting that may last for several days

Occasional

- Possible infection of the incision requiring antibiotics

Rare

- Recurrence of the cyst(s)

Disclaimer

This information is intended as an educational guide only, and is here to help you as an additional source of information, along with a consultation from your urologist. The information does not apply to all patients.

Not all potential complications are listed, and you must talk to your urologist about the complications specific to your situation.