



For Appointments Call: 08 8267 1424

## Information about a Plain Abdominal X-Ray (KUB)

A KUB (kidneys, ureters, bladder) X-ray is a helpful investigation in some circumstances. Nick Brook will explain the reason you are having this when you see him at the Adelaide urology consulting rooms.

### Is it painful?

No, a plain X-ray is quick and painless.

### Preparation for your KUB X-ray

The radiology company will send you details of preparation for an ultrasound scan. And please check with them about their requirements. Generally, no preparation is required.

### What happens during an KUB scan?

You will lie on a couch, and the radiographer will move the X-ray machine near your abdomen. Nothing touches you directly. The X-ray is a very quick investigation.

### How long does it take to get the results?

The X-ray needs to be viewed and interpreted by a Radiologist. Usually, the results are back with 24 hours but sometimes sooner.

### Are there any risks of a plain KUB X-ray?

A single X-ray exposes you to a minute amount of radiation. There are some concerns that in the long term if you have many investigations using ionising radiation (very frequent X-rays, and repeated CT scans), you can be exposed to too much radiation, and this may have harmful effects. This is taken into consideration when ordering your X-ray.

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If you have any questions, please contact your chosen Radiology provider. The administration staff at Nick Brook Urology do NOT have information about your appointment times for radiology, and are not able to give medical advice or answer questions about radiological investigations. The staff are not able to give you your results – these need to be given to you either by the radiographer or by Nick Brook. Use the links below for contact details for the radiology companies in South Australia:

Radiology SA <http://www.radiologysa.com.au>

Benson Radiology <http://bensonradiology.com.au>

Dr Jones & Partners <http://www.drjones.com.au>

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### **Disclaimer**

This information is intended as an educational guide only, and is here to help you as an additional source of information, along with a consultation from your urologist. The information does not apply to all patients.

Not all potential complications are listed, and you must talk to your urologist about the complications specific to your situation.

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