

Sexual Health Inventory for Men (SHIM)

Please click the answers that apply to you.

Over the Past 6 Months	Very low	Low	Moderate	High	Very high	Your score	
How do you rate your confidence that you could get and keep an erection?	1	2	3	4	5		
	No sexual activity	Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always	Your score
When you had erections with sexual stimulation, how often were your erections hard enough for penetration?	0	1	2	3	4	5	
	Did not attempt intercourse	Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always	Your score
During sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?	0	1	2	3	4	5	
	Did not attempt intercourse	Extremely difficult	Very difficult	Difficult	Slightly difficult	Not difficult	Your score
During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	0	1	2	3	4	5	
	Did not attempt intercourse	Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always	Your score
When you attempted sexual intercourse, how often was it satisfactory for you?	0	1	2	3	4	5	
Total SHIM score							

The Sexual Health Inventory for Men further classifies ED severity with the following breakpoints:

1-7 Severe ED, 8-11 Moderate ED, 12-16 Mild to Moderate ED, 17-21 Mild ED

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